



“Support with Personality”

INFORMATION | PACK





Contents

An Introduction.....	Page 2
Our Support.....	Pages 3 - 4
Case Study.....	Pages 5 - 6
Getting Involved.....	Page 7
Useful Details.....	Page 8
Pricing Policy.....	Pages 9 - 14
Registration and Reviews.....	Pages 15 - 16
Staying in Touch.....	Page 17
Contact Details.....	Page 18



An introduction to aebal

aebal is a forward-thinking Community Support Provider enabling adults (including 17-year olds) who have mental health issues, autism and learning disabilities to become more involved in their community.

We take a proactive, creative and intuitive approach to all our support; working closely with each person to source activities based around their interests.

We pride ourselves in finding unique ways to empower people to feel more confident, more independent and, in many cases, discover who they are!

aebal sessions provide the subtlety and the social dynamics for self-belief to flourish. We believe in positive risk and fulfilling potential, sourcing mainstream opportunities whenever possible. Our aim is for the community to become a more inclusive and open-minded place for everyone involved in the service.

[Click here for our Mission Statement](#)



Our Support...

Friendship...

aebal supports in small friendship groups as well as on a one-to-one basis. We recognise that it can be difficult for individuals of varying abilities and interests to engage in large group activities. This often leads to people becoming bored and under-stimulated or frustrated and excluded. aebal have the versatility and awareness to find like-minded people and bring them together through leisure activities of their choice. We believe there is huge benefit in this approach as it provides the foundations for social skills to develop and for genuine friendships to form.

Mentoring...

Our service is often much more than providing community-based activities. Many of our service users are in the transition between ending full time education and becoming young adults. Our one to one support in particular has been invaluable in helping individuals to manage this stage of life, to understand who they are and to look forward to the future. We are also advocates of Positive Behaviour Support (PBS) and have successfully worked with individuals who have been described as displaying 'Challenging Behaviour'.

Our approach to sessions often provides people with a freedom and a sense of control which they have never experienced before. This sense of identity can act as a catalyst for improved self-belief, greater expectations for themselves and a more positive outlook on life.

Variety...

We spend time getting to know each individual; learning about their interests and aspirations. This enables us to be really creative with the activities and the support we provide. We access the community in an extremely inclusive way; encouraging individuals to choose their activities and plan their own sessions. We will get involved in the activity ourselves or discretely support people to participate independently. The activity list is endless and always growing! **Mountain climbing, Music gigs, Cooking courses, Sponsored runs, Archery, Animation club, Gaming club, Football training, Bike rides, Photography.... to name just 11.**



Flexibility...

aebal sessions provide a much-needed outlet outside of colleges and day services. We provide short, activity focussed sessions, typically around 2hrs – 3hrs. Many of these sessions are delivered in the evenings and at weekends which is when individuals can often feel the most isolated. We all need interests and activities outside of our working hours which is why the service really works.

We always encourage people to travel independently to an activity venue whenever possible to promote independence and maximise activity time, however car transportation can be provided when needed at no extra cost. We are happy to collect people from home in order for them to participate in an aebal session with a friend who may live in a different area of Nottingham. In fact, a lot of friendships have been formed through session commutes. We've found that being stuck in traffic often provides a great environment for chatting, singing and musical debates!

Quality of support...



We have a strong and clear ethos at aebal and it is extremely important that we employ the right kind of people to represent the organisation. Unlike many support services we also employ a number of male support workers. The service remains a modest size to ensure service users have consistent support with staff members they know and trust. Our focus has always been on quality rather than quantity which is why we specialise in one to one support and small groups of two to five individuals. We believe this kind of dynamic benefits both service users and staff members' alike leading to a higher standard of support. Our Support Documentation is also extremely detailed to provide staff with in depth knowledge on the individual and the type of approach needed for sessions.

Value...

We regularly review our support rates to acknowledge the financial constraints placed on Social Services and on individual's care packages. All our sessions are charged at a standard hourly rate regardless of whether it's a weekend or evening and car transportation is also included with no extra cost. For our one to one support in particular, the cost is extremely good value.

Please refer to our Pricing Policy at the back of this Info Pack for full details.





aebal began working with Dan in 2013 when approached by another service who were struggling to engage him or even meet face to face. Dan's autism had resulted in a very difficult childhood and due to violent outbursts, he was excluded from a number of schools. One to one tutoring in his final years of education helped him hugely, however, his options were again becoming limited as he turned 18 and struggled to cope with the prospect of what to do next. After exploring numerous options, it became apparent that none of them were suitable for Dan's needs and he became frustrated, unhappy and reclusive. In Dan's own words, he didn't see the point in life and was tired of feeling angry every day.

aebal acknowledged that Dan required a tentative approach to help him deal with the transition and to consider his future options. As Dan was unwilling to meet new people directly, we visited his home and had a good chat with his Mum and Dad about the best way to support him. We agreed that the best approach would be to work alongside his tutor for the remainder of the academic year to build trust and form a positive relationship. This approach proved to be really effective and Dan responded well to the new group dynamic of having aebal involved with his lessons.

Over the weeks Dan's trust in us grew until he agreed to try a one to one session as a bit of a trial run for his education soon ending. However, he soon had second thoughts and refused to come out of his room on the first few attempts! After a number of conversations with the door and some careful negotiation, we managed to engage him and once a week we would go out into the community to do some photography. From working with his tutor, we discovered that Dan was a hugely talented photographer but was more comfortable dismissing his abilities than pursuing them.

With Dan's assistance we organised some trips to the peak district to provide the opportunity to take some great shots of the scenery and for Dan to flex his photography muscles. His self-belief and enjoyment for the sessions quickly grew.....

Five years on, Dan's achievements are countless. After gentle and gradual encouragement around his photography skills Dan is now at the point of printing and selling his work online, at craft fairs and even in some shops! <http://aebal-leisure.tumblr.com/post/131029429846/visit-the-old-station-county-store-at-the-peak>

His constant doubt about being any good at photography has now been replaced by money in his pocket! He still can't quite comprehend that strangers are willing to give him money in exchange for his pictures but he's not complaining and, although Dan won't admit it, we think he's feeling proud for the first time in his life. We have also purchased our own DSLR camera which Dan loves explaining how to operate and we have been on location in all sorts of interesting places all over the country.

In addition to photography we have also sourced some Japanese lessons for Dan and he keeps himself active through regular bike rides, hikes in the Peak District and nodding his head at Heavy Metal gigs!

The biggest change in Dan's life however has easily been his attitude towards meeting new people. In the past he has shunned away from social situations and didn't trust the intentions of most people. Dan is now open to meeting all sorts of people and has acknowledged that friendship is a really positive thing and he no longer feels angry towards life.

By working closely with Dan and really getting to know him it has enabled us to reshape his community and open doors to all sorts of new opportunities. Dan now manages his own sessions and activities and embraces the freedom and choice that they provide him with.



In Dan's words "***Even when I'm in a bad mood, I always come back from a session with a smile on my face***"

He also says "***Please visit my Photography portfolio***"
<https://www.flickr.com/photos/99370417@N08/>



Getting involved with us

aebal Leisure is an independent support provider funded by our service users. Our service is predominnatly accessed by adults in receipt of a Personal Budget in the form of a Direct Payment through social services, however, there is also the option to self-fund.

We specialise in outreach support enabling individuals to access the community, to become more active, to gain more independence and to form new friendships. If this is something you feel you are in need of and are in receipt of a Direct Payment then we would recommend you get in touch with your social worker to explain you are interested in introducing aebal Leisure to your existing support package.

Typically a home visit will follow with ourselves and your social worker present to informally introduce the service and to decide on a suitable number of hours per week. We can offer as little as 2hrs support per week but 6hrs to 10hrs per week is the amount we would usually suggest to gain the full benefits of aebal Leisure support. (See our Registration and Review Process below for further details.)

Unsure about Direct Payments? Don't have a social worker?

Whether you are a County or City resident of Nottingham the first step would be to assess your needs and to find out if you are eligible for a Personal Budget.

The government has set a national eligibility criteria for social care support. The team responsible for your area of residence will discuss your eligibility with you and may decide that you need a care and support assessment. Care and support assessments can be done over the phone, during a clinic or during a home visit.

Your needs will be met and a Personal Budget provided if the outcome of the care and support assessment shows:

- Your needs come from, or are related to, a physical or mental impairment or illness.
- As a result of your needs, you are unable to achieve two or more tasks in the Care and Support (Eligibility Criteria) Regulations, 2014.
- As a consequence, there is, or is likely to be, a significant impact on your well-being.

If you are eligible for care and support a social worker will work with you to develop a Care and Support Plan, which will set out how your needs can be best met. A financial assessment / fairer charging assessment will then be undertaken to determine how much money you will need to contribute to your care package and how much local authority will contribute.

Once the support plan is agreed you will be offered a choice about how to receive your personal budget and whether you would like it to be as a Direct Payment.



Useful details

County Council Residents
0300 500 80 80

City Council Residents
0300 131 0300
adult.contactteam@nottinghamcity.gov.uk

Social Care Directories

[Nottinghamshire Help Yourself](#)

<https://www.nottshelpyourself.org.uk>

[LION](#)

<https://www.asklion.co.uk>

Useful Links

[Nottingham City Council](#)

<http://www.nottinghamcity.gov.uk/health-and-social-care/adult-social-care/i-have-an-illness-or-disability/council-help-with-care/personal-budgets/>

[Nottingham County Council](#)

<http://www.nottinghamshire.gov.uk/care/adult-social-care/care-and-support-in-nottinghamshire/care-and-support-assessment>



Pricing Policy | 2021

aebal Leisure is an independent Social Support Provider. Our service is currently accessed by people who are in receipt of a Direct Payment from their local authority or are in a position to self-fund (refer to page 7 of our Info Pack for further details).

We have 3 different service options defining the type of support being delivered. These are '**Support**', '**Connect**' and '**Groups**' sessions. To gain the full benefit of aebal Leisure support we encourage people to use their session time flexibly with a combination of all 3 service options.

It should be noted that the following support rates cover daytime, evening and weekend sessions and we do not increase our hourly rates for 'unsociable hours'.

Hourly support rates |

aebal Leisure '**Support**':

aebal Leisure **Support** refers to an individual working **one to one** with an aebal Leisure staff member. These sessions are typically **2hrs - 3hrs in duration**. The hourly rate is as follows:

Group size	Staff required	Support rate per hour
1	1	£15.30/hr per individual
1 (Intensive support*)	1	£18.62/hr per individual

*For individuals with more complex needs who require additional support with senior staff members.

aebal Leisure '**Connect**':

aebal Leisure **Connect** supports in small friendship groups of **two to five individuals**. These sessions are typically **3hrs - 4hrs in duration**. The hourly rate is as follows:

Group size	Staff required	Support rate per hour
2 - 5	1 - 2	£15.30/hr per individual

aebal Leisure '**Groups**':

aebal Leisure **Groups** refers to occasional large group activities. These are typically **full day weekend sessions** involving **five to ten individuals** and at a reduced hourly rate.

Group size	Staff required	Support rate per hour
5 - 10	2 - 4	Dependent on group size/activity/duration/travel

Activity costs |

Service users:

As is standard practice with all types of community social care, whether it be a large agency or a personal assistant, the costs incurred relate to the hours of support. **The above hourly rates are to cover the cost of staff support time only and do not include the costs of the various activities we provide.**

aebal Leisure activities are typically self-funded by service users using their DLA (Disability Living Allowance) PIP (Personal Independence Payment) or ESA (Employment Support Allowance).

aebal Leisure will always discuss activity budgets and price appropriate sessions from the outset, and this is recorded and agreed on in the aebal Leisure Support Programme.

We also always prioritise cost effective activities and nearly all the activity venues we access have concessionary rates for both service users and staff. Typically we request between £2 and £7 per session to cover the cost of the activity.

The aebal Leisure ‘Groups’ service option is a slight exception to the above and does not involve a set hourly support rate. We provide ‘Groups’ activities approximately once every 2 months in addition to service user’s regular weekly ‘Support’ and ‘Connect’ sessions. Due to the larger sized group and the typical full day duration, there is a flat rate charge which takes into consideration the number in the group, the staff required and the distance to the activity. This amount is significantly lower than the ‘Support’ and ‘Connect’ session hourly rates. With ‘Groups’ sessions the cost of the activity is also often shared. We will request a contribution from the service user towards the venue admission (Alton Towers, Harry Potter Studios, West Midlands Safari Park etc) and we will contribute the remainder to make these trips more financially accessible for families. (It should be noted that the aebal Leisure contribution comes from the service’s profits and we are not including this cost within the amount charged on the monthly invoice. Direct Payments are to be used to cover the cost of support time only).

‘Groups’ sessions will only be offered to individuals who have sufficient funding to cover the activity and it will be made clear to all service users that this is an optional additional session.

aebal staff members:

As mentioned, the majority of the activity venues we utilise provide concessionary rates or free admission for support workers. It is very uncommon for our service users to be expected to cover any additional costs for a staff member’s involvement in an activity.

With all ‘Connect’ and ‘Groups’ activities, if there happens to be an additional charge for the staff member’s involvement, aebal Leisure will cover this cost.

For ‘Support’ sessions (one to one support) we do not cover the cost if there happens to be an additional charge for the staff member’s participation in the activity. The service user is expected to cover the full cost of the ‘Support’ session activities.

However, even with one to one support, we still ensure that the cost of combined participation in an activity remains around the £5 mark. Typically, ‘Support’ sessions will involve, for example, the hire of a badminton court (£5 concessionary rate), a game of snooker (£5 concessionary rate), swimming (£4.50 with a free carer) so the charge covers the cost of both the service user and support worker’s combined participation.

Food and drink costs |

Session activities often fall around meal times so we recommend to both service users and staff members alike to bring food along to activities to avoid the unnecessary expense of purchasing food and drink.

However, if purchasing food is a necessity during a session, for instance if the activity is a meal social at a restaurant, then service users will be expected to cover the full cost of their own meal if it's a 'Connect' session or contribute towards the cost if it's a 'Groups' session.

aebal Leisure will always cover the cost of staff members' food and drink on 'Connect' or 'Groups' meal socials. 'Support' sessions (one to one) are different and in this instance we would not contribute to the cost of either the service user's or staff member's meal costs. We encourage staff to avoid meals out for 'Support' sessions unless they are happy to cover the cost of their own food and drink.

Due to our approach to support and the social dynamics we promote, we do not expect service users to have to pay for staff members' food or drinks.

Travel costs |

As our activity venues are located all over Nottinghamshire, the service incorporates car transportation to and from the activity within our support rate. Service users begin being charged from the point the staff member meets with them so the total session time often includes both the activity and the journey to the activity venue. This aspect of the service is hugely beneficial to those who are incapable of independent travel and it also enables us to offer a wider range of activities.

However, to reduce hours spent on travelling and to promote independence, we will always encourage service users to travel to venues on their own accord or request family members to assist. As we frequently run activities in the city centre we have also supported many service users to learn to catch buses/trams from their homes to a familiar meeting point in the city. This transport training enables individuals to then begin meeting at activity venues to commence sessions instead of relying on car transportation and being charged for the travel time.

Occasionally, dependent on the service user's location or if a certain activity required a significant amount of travel time, we may need to consider charging for mileage in addition to our support rate. This would be determined on a person to person basis and included in the individual's Support Programme after being agreed upon by all parties.

If a session requires car park costs, aebal Leisure will cover the full amount if on a 'Connect' or 'Groups' session. For 'Support' sessions the service user is expected to cover half of this cost.

Billing |

Flexible use of hours:

The duration of our sessions is always dependent on the type of activity we are providing and for that reason they vary from week to week. We monitor and manage activity hours very discretely so that our service users do not feel like they are being supported for a set amount of time. We feel that sustaining or ending a session simply because of rigid time constraints adds an unnecessary formality to the activities and would negatively impact on our support. aebal Leisure support is about providing short, activity-focussed sessions full of energy and positivity, therefore we encourage support time to be used flexibly.

For example, a service user may have been allocated 3hrs per week of aebal support, however, one week the activity arranged may only require a maximum of 2hrs. Potentially, we could pad out this session for the full 3hrs which would most likely lead to service users becoming bored and unstimulated and the staff member 'watching the clock'. We do not feel this is a good use of support time so instead we simply save this extra hour to be better utilised on an alternative session. Saved hours can be used for longer session activities on regular session days, or they can be used to enable an additional session one week or alternatively they can be saved towards a future weekend 'Groups' day trip.

This flexible use of hours leads to a much higher quality of support and is also a much better use of funding. Some weeks the session activities may be shorter and some weeks they may be longer and we manage the

hours accordingly. We perceive variation as being a very normal occurrence in mainstream life and see no reason why it should be any different for the people we support. We of course also run regular weekly activities which finish at the exact time each week. These are often accessed by service users that utilise aebal Leisure for a combination of outreach and respite support.

It should be noted that although the duration of sessions can often vary, all our service users have detailed Support Programmes defining the type of sessions to be delivered and which days of the week the support hours will be used. We recognise the importance of structure and routine, so each service user has a session timetable (and Service Level Agreement) stating when their regular aebal sessions will take place. These details are discussed and agreed upon by all parties from the commencement of support but are also regularly updated as the support progresses and naturally evolves. Confirmation of precise session details for the week are also text out every Sunday evening to ensure the week's activities are always efficiently run.

Rearranging / cancelling sessions:

The flexible use of hours approach is also of great benefit when a client needs to cancel a regular session. We do not like to unnecessarily charge for a missed session so, when possible, we will always attempt to reallocate the hours to an alternative time or day. We obviously need to ensure that the rearranged session is at the convenience of the staff member and that it does not disrupt the support of other clients. However, if the missed hours can easily be moved then we will always do so and the client will not be charged for the cancelled regular session.

A summary of our terms for cancelled sessions:

Once the support has officially commenced:

- We request as much notice as possible for the cancellation of a regular session (as defined in the Session Timetables).
- It is always at the Service Manager's discretion as to whether the cancelled session hours can be reallocated or whether they need to be charged.
- If a client cancels on the day of their regular session, we will always charge due to insufficient opportunity to reallocate hours.
- **It is the client/parent/carers responsibility to ensure that the client is well enough to attend their regular or optional sessions.**
- **If a client is feeling unwell, we ask them/parent/carer to contact us as soon as is possible to cancel the session.**
- **aebal Leisure staff members have the discretion to decide on the day if a client is well enough to attend a session.**
- **If we arrive at the arranged time/meeting time and feel the client is too ill to attend, we will make the decision to cancel the session.**
- On the day cancellations due to illness will always be charged as stated above.
- Cancelled session hours can only be rearranged to another time the same week or the following week.
- A session can only be cancelled / rearranged once. If the rearranged session is consequently cancelled then the original missed session will be charged.
- Only a single session can be potentially rearranged. We cannot reallocate, for example, a full week of missed sessions.
- Optional missed sessions (Refer to Session Timetable) will not be charged unless staff have travelled to the client's home without being notified of non-attendance. A partial session charge will be administered at the discretion of the Service Manager.
- As sessions activities often vary in length, a minimum session time is stated in the Support Agreement and Session Timetable. This is the number of hours that will be charged if a regular session cannot be attended.

- To permit for holidays and pre-planned trips, aebal Leisure will allow for a total of 2 weeks of non-payable sessions per 6-month period of support. These missed sessions will only be non-payable providing 4 weeks' notice is given.
- During the 6-week Introductory period we do not charge for any cancelled sessions unless we have travelled to the service user's home address before being notified.
- If a session is cancelled by aebal Leisure, the session is non-payable and will not be charged. In these circumstances we will again attempt to rearrange the session if convenient for all parties. Alternatively, the hours can be saved for future weekend daytrips.

Adverse weather policy:

We endeavour to provide sessions in all weather conditions and aebal staff members will make every effort to reach our clients. However, if aebal management deem the weather to be too hazardous or that the bad weather may affect the safety of our clients / staff members then this will be classed as "circumstances beyond our control" and result in a cancellation on the day session (as stated above), which will typically be charged.

aebal management will continue to monitor all weather conditions and advise accordingly. Any questions should be referred to the Service Manager / Service Director.

We hope such instances will be rare.

Invoicing:

Our invoices are generated on the 1st day of each month and sent out by email. They include the exact total monthly hours delivered the previous month. For example, June's support will be invoiced on the 1st of July. Due to our flexible use of hours and the variant of when the days of the month fall, the invoice amounts will differ each month. For example, a service user may have a regular Monday session, however, in certain months there may be four Mondays and other months there may be five. As stated, we carefully monitor and record these variations to ensure each service user has sufficient funding to cover the invoiced amount each month. Each invoice also contains a breakdown of every session delivered including the start time and end time and how many hours were charged. This is to ensure there is a transparency to all our charges and to reduce the likelihood of discrepancies. Invoices should be paid by the 15th of the month and automated reminders will be sent out periodically.

For service users in receipt of a Direct Payment it should be noted that there is a 4-week payment cycle for DPs and therefore 13 payments will be received each year to cover our 12 monthly invoices. This results in one additional payment being received each year which we will again use flexibly by either providing additional sessions at the time of payment or we can account for it in the service user's regular sessions as stated in the Support Agreement.

For example, a Direct Payment of 9hrs per week of aebal Leisure support has been allocated. This means a payment will be received every 4 weeks to cover 36hrs of aebal support (9hrs x 4 weeks). Our monthly invoices will include this 36hrs of support plus the one additional 4-week payment split up over 12 months. So, in this particular example ($36 / 12 = 3$) the service user would have an additional 3hrs a month of aebal sessions, totalling 39hrs.

In summary, approximately 39hrs of aebal sessions would be delivered each month for someone in receipt of 4-week Direct Payment of 36hrs.

We will always monitor Direct Payment funding to confirm the additional 4-week Direct Payment has been received by the service user before distributing hours in this way.

Querying invoices:

We always encourage the recipients of our invoices to query any discrepancies they may notice. Although there are huge social advantages with implementing a flexible use of hours, it does make the task of recording hours and managing funding a little more challenging! The method we use for recording hours is very efficient but, when our staff are typically delivering around 250hrs of randomly-timed, short, activity-focussed sessions each week, there is obviously potential for the occasional mistake. This is the reason we always include a full breakdown of all the session times on our invoices so that recipients are able to verify all the entries are correct. Communication between all parties is key and aebal Leisure management are extremely approachable should there be any queries or concerns around an invoice amount. So please, feel free to get in touch!

Working hours and Bank Holidays:

aebal Leisure support is available in the mornings, afternoons, evenings and at weekends. The support is about being as inclusive and mainstream as possible so session times are always defined by the activity. If there is a gig on a Monday night we will run a session from 8pm until Midnight. If there is a Car boot sale on a Sunday morning we will run a session from 6:30am – 9:30am. We support people to enrich their lives and reshape their community and believe this cannot be achieved by only running sessions from 9am – 5pm weekdays. We also view Bank Holidays as being no different for our service users than other days and Monday sessions will typically run as usual.

The service closes for a week over Christmas each year.



Registration | Reviews

Initial meeting:

- Informal introduction to aebal Leisure and an opportunity to ask questions.
- Client / social worker / CPN / OT / parent or carer to be present.
- Discuss the type of support required, what type of activities and how many hours etc.
- Client details taken to draft an initial 6-week plan for support which includes information about the individual's personality, background info, desired outcomes for the sessions etc
- Service and contact information is left with the client to make an informed decision.

Follow up:

- Email / phone call to run through all the elements of the planned support to make sure all parties are happy with the initial outcomes and when the sessions will take place etc.
- If all parties are happy, 6 weeks of support will commence on an agreed date.
- The 6 weeks can be viewed as a trial phase for the support and an opportunity for aebal to form a positive relationship, source suitable activities and to make any adjustments to the sessions/outcomes.

6-week review:

- Informal review of the initial 6 weeks of support to discuss how the support is going and what is working/not working.
- The review will typically coincide with a Social Services new support provider review and all parties will be present.
- By this stage aebal hope to have a good understanding of the individual and best way to approach the support.
- Session times and activities are discussed and agreed upon and an official Support Programme is created.
- Once the Support Programme is finalised and agreed upon by all parties, an aebal Leisure Support Agreement and Session Timetable will be emailed to the client / Family / Carer to formally acknowledge involvement in the service and summarise ongoing support.
- Our GDPR Policy and optional Photo consent Policy will also need to be read and signed at this point.
- Should either party feel as though the support is not working and wish to cease involvement, this can be done at the 6-week review and involvement can be ended at this point.

6 month / Annual Support Agreement review:

- 6 month / Annual (dependent on the individual's needs) support review that will provide an opportunity for all parties to discuss how the support is going.
- Issues may relate to the aebal Leisure support or just a general change in the individual's circumstances.
- All parties to be present and information will be recorded and added to the support file.
- The Support Programme will be assessed as to whether the outcomes are being met and whether any updates / amendments need to be made.
- An updated copy of the Support Programme will be available on request as will meeting notes.
- This is also an opportunity to end the agreement with a 4-week notice period.
- A new copy of the aebal Leisure Support Agreement will be emailed to formally extend the period of support for a further 6 months or 1 year, subject to the agreement of all parties.

Ongoing communication:

The nature of the service means we have frequent contact with service user's families as the majority of the sessions involve collecting people from home. We like to think we are very approachable and to date have quickly resolved any issues via person to person contact, phone or email.

In addition, Support Programmes and Support Diaries are continually evolving documents and always available on request. The key elements, such as outcomes and objectives will not be altered unless agreed upon at formal reviews.

Outside of our review periods, aebal are always happy to attend any Person- Centred reviews organised by Social Services and are always available should family members want to meet up for a chat.



Staying in touch!

Contact details are on the next page but we do our best to regularly update our website, blog and various social media accounts so we recommend you follow us or 'like' our page to keep up to date. There's lots of great photos of our clients being active and independent out in the community so feel free to take a look via the links below!

Instagram

<https://www.instagram.com/aebalsupport/>

Twitter

<https://twitter.com/AebalLeisure>

Facebook

<https://www.facebook.com/AebalSupportNottingham/?ref=hl>



Contact details

We hope this information pack proved useful.

If you would like to know more or arrange a meeting with us, please feel free to contact us:

m | 07591 555 858

e | info@aebal-leisure.com

w | www.aebal-leisure.com

Thanks for reading!

